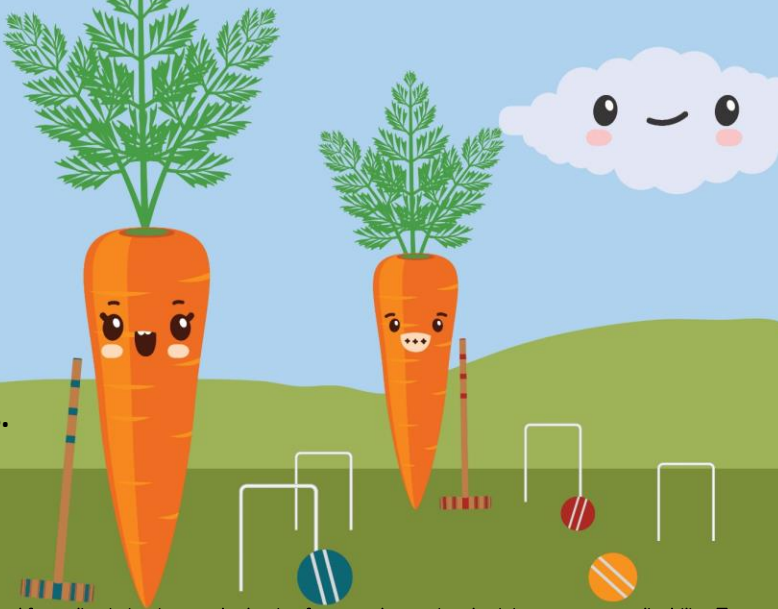


# MARCH 2023 Pyne & Bartlett LUNCH MENU



**Breakfast and Lunch is Free for all Students!**

**Our menu consists of Whole Grains, Fresh Fruits and Vegetables.  
Students must take a fruit and/or vegetable with each lunch.**

**All Meals served with milk.**

**Sunbutter and Jelly and Vegetarian Meals served daily.**

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>NATIONAL SCHOOL BREAKFAST WEEK</b> MARCH 6<sup>TH</sup> – 10<sup>TH</sup></p>	<ul style="list-style-type: none"> <li>-Beef Taco with 6" Tortilla Wrap <b>28</b></li> <li>-Kickin Bean Taco with 6" Tortilla Wrap <b>V</b></li> <li>-Crispy Chicken Sandwich &amp; Spicy Crispy Chicken Sandwich</li> <li>-Yogurt &amp; Fruit Power Pack <b>V</b></li> <li>-Greek Chicken Wrap</li> <li>-Kickin Beans &amp; Broccoli</li> <li>-Oranges &amp; Apples</li> </ul>	<ul style="list-style-type: none"> <li><b>-HOTM: Butternut Squash Mac and Cheese LG 1</b></li> <li>-Cheese Quesadilla <b>V</b></li> <li>-Greek Salad with Flatbread <b>LG</b></li> <li>-Chicken Salad Sandwich on a Bulkie Roll</li> <li>-Cucumber &amp; Carrots <b>LG</b></li> <li>-Bananas &amp; Apples</li> </ul>	<ul style="list-style-type: none"> <li>-Szechuan Chicken with Rice <b>2</b></li> <li>-Szechuan Tofu with Rice <b>V</b></li> <li>-Hamburger &amp; Cheeseburger</li> <li>-Yogurt &amp; Fruit Power Pack <b>V</b></li> <li>-Greek Chicken Wrap</li> <li>-Green Beans &amp; Carrots <b>LG</b></li> <li>-Pears &amp; Fresh Fruit Cup</li> </ul>	<ul style="list-style-type: none"> <li>-Cheese Pizza <b>V 3</b></li> <li>-Pepperoni Pizza</li> <li>-Greek Salad with Flatbread <b>LG</b></li> <li>-Chicken Salad Sandwich on a Bulkie Roll</li> <li>-Red Pepper Strips &amp; Side Salad <b>LG</b></li> <li>-Apples &amp; Bananas</li> </ul>
<ul style="list-style-type: none"> <li>-Chicken Tikka Masala or Chana Masala <b>V</b> with Tzatziki Sauce and Tomato Cucumber Salad <b>V</b></li> <li>-Hamburger &amp; Cheeseburger</li> <li>-Chicken Ranch Salad with Flatbread <b>LG</b></li> <li>-Ham and Cheese Sandwich</li> <li>-Broccoli &amp; Carrots <b>LG</b></li> <li>-Apples &amp; Peaches</li> </ul>	<ul style="list-style-type: none"> <li>-Tater Tot Beef Nacho (Totchos) <b>7</b></li> <li>-Tater Tot Black Bean Nacho <b>V</b></li> <li>-Crispy Chicken Sandwich &amp; Spicy Crispy Chicken Sandwich</li> <li>-Pizza Platter</li> <li>-Chicken Caesar Wrap</li> <li>-Kickin Beans &amp; Broccoli</li> <li>-Clementines &amp; Apples</li> </ul>	<ul style="list-style-type: none"> <li>-Shepherds Pie with a Dinner Roll <b>8</b></li> <li>-Fish and "Chips" with a Dinner Roll</li> <li>-Vegetarian Nuggets with a Dinner Roll <b>V</b></li> <li>-Chef Salad with Flatbread <b>LG</b></li> <li>-Ham and Cheese Sandwich</li> <li>-Cucumber &amp; Carrots <b>LG</b></li> <li>-Bananas &amp; Apples</li> </ul>	<ul style="list-style-type: none"> <li>-Chicken and Vegetable Dumplings with Vegetables <b>9</b></li> <li>-General Tso Tofu Steak with Rice <b>V</b></li> <li>-Chicken Parm Sub</li> <li>-Pizza Platter</li> <li>-Chicken Caesar Wrap</li> <li>-Green Beans &amp; Tater Tots</li> <li>-Pears &amp; Fresh Fruit Cup</li> </ul>	<ul style="list-style-type: none"> <li>-Cheese Pizza <b>V 10</b></li> <li>-BBQ Chicken Pizza</li> <li>-Chicken Ranch Salad with Flatbread <b>LG</b></li> <li>-Ham and Cheese Sandwich</li> <li>-Cucumber &amp; Carrots <b>LG</b></li> <li>-Bananas &amp; Apples</li> </ul>
<ul style="list-style-type: none"> <li>-Chicken &amp; Waffles with Maple Gravy <b>13</b></li> <li>-Pizza Crunchers <b>V</b></li> <li>-Cobb Salad with Flatbread <b>LG</b></li> <li>-Tuna Salad Sandwich on a Bulkie Roll</li> <li>-Maple Carrots &amp; Green Beans</li> <li>-Apples &amp; Pears</li> </ul>	<ul style="list-style-type: none"> <li>-Chicken Taco with 6" Tortilla Wrap <b>14</b></li> <li>-Hamburger &amp; Cheeseburger</li> <li>-Black Bean Burger <b>V</b></li> <li><b>-HOTM: Charcuterie Platter LG</b></li> <li>-Turkey and Cheese Sandwich</li> <li>-Kickin Beans &amp; Broccoli</li> <li>-Oranges &amp; Apples</li> </ul>	<ul style="list-style-type: none"> <li>-Lok Lak with Rice <b>15</b></li> <li>-Chicken Tenders with a Dinner Roll</li> <li>-Mediterranean Hummus Salad with Flatbread <b>LG V</b></li> <li>-Tuna Salad Sandwich on a Bulkie Roll</li> <li>-Cucumber &amp; Carrots <b>LG</b></li> <li>-Bananas &amp; Apples</li> </ul>	<ul style="list-style-type: none"> <li>-Loaded Baked Potato with Corn Muffin <b>16</b></li> <li>-Broccoli and Cheddar Loaded Baked Potato with Dinner Roll</li> <li>-Crispy Chicken Sandwich &amp; Spicy Crispy Chicken Sandwich</li> <li><b>-HOTM: Charcuterie Platter LG</b></li> <li>-Turkey and Cheese Sandwich</li> <li>-Corn &amp; Carrots <b>LG</b></li> <li>-Pears &amp; Fresh Fruit Cup</li> </ul>	<ul style="list-style-type: none"> <li>-Cheese Pizza <b>V 17</b></li> <li>-Buffalo Chicken Pizza</li> <li>-Cobb Salad with Flatbread <b>LG</b></li> <li>-Tuna Salad Sandwich on a Bulkie Roll</li> <li>-Red Pepper Strips &amp; Side Salad <b>LG</b></li> <li>-Apples &amp; Bananas</li> </ul>
<ul style="list-style-type: none"> <li>-Country Chicken Bowl with Corn Muffin <b>20</b></li> <li>-Country Vegetarian Nugget Bowl with Flatbread <b>V</b></li> <li>-Chicken Parm Sub</li> <li>-Mediterranean Hummus Salad with Flatbread <b>LG V</b></li> <li>-Italian Sub</li> <li>-Carrots <b>LG</b> &amp; Corn</li> <li>-Apples &amp; Peaches</li> </ul>	<ul style="list-style-type: none"> <li>-Beef Nachos with Tortilla Chips <b>21</b></li> <li>-Kickin' Bean Nachos with Tortilla Chips <b>V</b></li> <li>-Cheese Quesadilla <b>V</b></li> <li>-Bagel Power Pack <b>V</b></li> <li>-Moroccan Harissa Wrap</li> <li>-Kickin' Beans &amp; Broccoli</li> <li>-Oranges &amp; Apples</li> </ul>	<ul style="list-style-type: none"> <li>-Penne Bolognese with Parmesan <b>22</b></li> <li>-Crispy Chicken Sandwich &amp; Spicy Crispy Chicken Sandwich</li> <li>-Chef Salad with Flatbread <b>LG</b></li> <li>-Italian Sub</li> <li>-Cucumber &amp; Carrots <b>LG</b></li> <li>-Bananas &amp; Apples</li> </ul>	<ul style="list-style-type: none"> <li>-Chili Garlic Popcorn Chicken Lo Mein <b>23</b></li> <li>-Cheeseburger and Hamburger</li> <li>-Bagel Power Pack <b>V</b></li> <li>-Moroccan Harissa Wrap</li> <li>-Green Beans &amp; Carrots <b>LG</b></li> <li>-Pears &amp; Fresh Fruit Cup</li> </ul>	<ul style="list-style-type: none"> <li>-Cheese Pizza <b>V 24</b></li> <li>-Loaded Baked Potato Pizza <b>LG</b></li> <li>-Mediterranean Hummus Salad with Flatbread <b>LG V</b></li> <li>-Italian Sub</li> <li>-Red Pepper Strips &amp; Side Salad <b>LG</b></li> <li>-Apples &amp; Bananas</li> </ul>
<ul style="list-style-type: none"> <li>-Chicken Pot Pie with Biscuit Crust <b>27</b></li> <li>-Cheeseburger and Hamburger</li> <li>-Black Bean Burger <b>V</b></li> <li>-Chicken Caesar Salad with Flatbread <b>LG</b></li> <li>-Turkey and Cheese Sandwich</li> <li>-Broccoli &amp; Carrots <b>LG</b></li> <li>-Apples &amp; Pears</li> </ul>	<ul style="list-style-type: none"> <li>-Arroz con Pollo <b>28</b></li> <li>-Fish Po' Boy Sandwich with Coleslaw</li> <li>-Hummus Platter <b>V</b></li> <li>-Honey Mustard Chicken Wrap</li> <li>-Kickin Beans &amp; Broccoli</li> <li>-Clementines &amp; Apples</li> </ul>	<ul style="list-style-type: none"> <li>-Buffalo Chicken Mac and Cheese <b>29</b></li> <li>-Mac and Cheese <b>V</b></li> <li>-Crispy Chicken Sandwich &amp; Spicy Crispy Chicken Sandwich</li> <li>-Chef Salad with Flatbread <b>LG</b></li> <li>-Turkey &amp; Cheese Sandwich</li> <li>-Cucumber &amp; Carrots <b>LG</b></li> <li>-Bananas &amp; Apples</li> </ul>	<ul style="list-style-type: none"> <li>-General Tso's Popcorn Chicken with Fried Rice <b>30</b></li> <li>-Pizza Crunchers <b>V</b></li> <li>-Hummus Platter <b>V</b></li> <li>-Honey Mustard Chicken Wrap</li> <li>-Green Beans &amp; Corn</li> <li>-Pears &amp; Fresh Fruit Cup</li> </ul>	<ul style="list-style-type: none"> <li>-Cheese Pizza <b>V 31</b></li> <li>-Hawaiian Pizza</li> <li>-Chicken Caesar Salad with Flatbread <b>LG</b></li> <li>-Turkey and Cheese Sandwich</li> <li>-Red Pepper Strips &amp; Side Salad</li> <li>-Apples &amp; Bananas</li> </ul>